

Leading Doctors and researchers give their views on the health benefits of drinking alkaline ionized water.



Ben Johnson M.D.

Doctor of Osteopathy (D.O.), Naturopathic Medical Doctor (N.M.D.)

Dr. Johnson was featured on the bestselling DVD "The Secret."

"As an alternative medical doctor and especially treating cancer, the most important psychological issue was emotions, but the most important physical issue was pH. In 1931, Otto Warberg received the Nobel Prize in Medicine for discovering that a low oxygen environment in the tissues was the cause of cancer.

The cause for a low oxygen level in tissue is acid pH.

When I learned about alkaline water, I became very excited. We are now able to inundate a person's body on a very basic level. Since a body is made up of almost 70 percent water, changing the alkalinity of that water would be a huge accomplishment.

Alkaline antioxidant water changes everything physiologically. It allows the enzyme systems to work the way they should. The alkalinity allows oxygen to get to the tissues. More importantly, it provides ready antioxidants to keep our bodies from rotting and rusting through the process of oxidation.

The alkaline antioxidant water solves two of the major problems that cause aging and disease: low pH and free radicals. It helps you get healthy and stay healthy by the alkalization of the blood and the antioxidant potential or the oxidation reduction potential (ORP).

The question is often asked: Who should be drinking the alkaline antioxidant water? The answer is simply, everyone from children to octogenarians."



David S. Dyer N.M.D., Ph.D.

"Restructured alkaline water may well be the best element or supplement you can put in your body! Did you know the Japanese have researched this subject for over forty years and have found that **drinking restructured alkaline water can relieve or reduce the three main causes for sickness, disease and pre-mature aging?**

Restructured alkaline water made using electrolysis has been consumed by the Japanese for over 40 years and has touched and changed every disease and condition imaginable. I have been using this water for over 6 years and have seen similar results when it is used persistently and consistently. The water is smooth, delicious, hydrating, energizing, permeating, pH balancing and a strong antioxidant. Does this sound like the water you should be drinking? I wish you all good health . . ."



Ray Kurzweil Ph.D.

Well renowned author & inventor. Dr. Kurzweil has received twelve honorary Doctorates and honors from three U.S. presidents.

"The most important feature of alkaline water produced by a water alkalizer is its oxidation reduction potential (ORP). Water with a high negative ORP is of particular value in its ability to *neutralize oxygen free radicals*. ORP can also be directly tested using an ORP sensor and meter. We have conducted these experiments as well. We found that water coming directly from the tap had an ORP of +290mV, while the water coming out of the water alkalizer had a negative ORP. The more negative the ORP of a substance (that is, the higher its negative ORP), the more likely it is to engage in chemical reactions that donate electrons. These electrons are immediately available to engage in reactions that neutralize positively charged free radicals. This is the key benefit of water produced by a water alkalizer that is not available by simply drinking water that has had some bicarb or other compounds dissolved in it to make it alkaline."



Theodore Baroody D.C., N.D., Ph.D., Dipl. Acu

Author of the book "Alkalize or Die"

"I have administered over 5000 gallons of this water for about every health situation imaginable. I feel that restructured alkaline water can benefit everyone." *"The countless names attached to illness do not really matter. What does matter is that they all come from the same root cause: too much tissue acid waste in the body."*



Fereydoon Batmanghelidj M.D.

"I am a researcher. I have researched dehydration for the past 20 years. When I discovered that the solution to most of the disease conditions of our society is not a money maker, I decided to take my information to the public. My research revealed that unintentional dehydration produces stress, chronic pains and many degenerative diseases. Dry mouth is not the only sign of dehydration and waiting to get thirsty is wrong. Medicine has based its understanding that it is solid matter in the body that regulates all functions of the body. I have explained scientifically at the molecular level that it is water that regulates all functions of the body including functions of solid matter. 75 % of our bodies are composed of water. The brain is 85% water. It is water that energizes and activates the solid matter. If you don't take enough water, some functions of the body will suffer. Dehydration produces system disturbances. When I use the words water cure, I am referring to curing dehydration with water."

His message to the world is: **"You are not sick, you are thirsty; don't treat thirst with medication."** His groundbreaking book, **"Your Body's Many Cries for Water"**, has been translated into 15 languages and has sold over a million copies.

Dr. Henri Coanda the Romanian father of fluid dynamics and a Nobel Prize winner at 78 yrs old, spent six decades studying the **Hunza water** trying to determine what it was in this water that caused such beneficial effects for the body. He discovered that it had a different viscosity and surface tension. Dr. Patrick Flanagan and others continued the research. They found Hunza water had a high alkaline pH and an extraordinary amount of active hydrogen (hydrogen with an extra electron), with a **negative Redox Potential** and a high colloidal mineral content.



Similar natural water properties and longevity are found in other remote unpolluted places such as the Shin-Chan areas of China, the Caucasus in Azerbaijan, and in the Andes Mountains. In efforts to recreate the Hunza water, Japanese scientists investigated Russian electrolysis technology. They found that electricity could be used to re-structure the water, giving it properties similar to Hunza water.

This functional water technology was first developed in Japan in the early 1950's and the experiments were first conducted on plants and animals.

Full scale development started in 1954 by several agricultural universities on the effects of ionic water, especially acid water, on plants; experiments by Japanese doctors followed, using alkaline ionized water on their patients.

The first ionizers were large units used in hospitals.

Following efforts by Japanese medical doctors, the water ionizer was approved for medical therapeutics by the Japanese Ministry of Health and Rehabilitation in January 1966. Later they were also approved as medical devices by the government of South Korea.

Some 30 million people in Japan have used a water ionizer over the last 40 years.



Sherry Rogers M.D.

Dr. Sherry Rogers is a medical doctor in private practice for over a quarter of a century. Her specialty is finding the cause of illness and getting rid of symptoms that are undiagnosable.

Dr. Rogers has written books, scientific papers, and taught advanced courses to physicians learning these techniques. She has lectured in six countries and over fifty U.S. cities, and has been interviewed on dozens of television shows and radio programs, as well as having written

numerous magazine articles. "No longer is a headache a Darvon deficiency. We now have the tools with which any symptom can be turned around, including many cancers, chemical sensitivity, allergies, and much more.

"Alkaline water rids the body of acid waste... After carefully evaluating the results of my advice to hundreds of individuals, I'm convinced that toxicity in the form of acidic waste is the primary cause of degenerative disease."



Susan Lark M.D.

Dr. Susan Lark, university lecturer and author of **"The Chemistry of Success"**, says: Drinking four to six glasses of alkaline water a day will help to neutralize over-acidity and over time will help to restore your buffering ability. Alkaline water should be used when conditions of over-acidity develop, such as cold, flu or bronchitis. Like vitamins C, E and Beta Carotene, alkaline water acts as an antioxidant because of its excess supply of free electrons. This can help the body against the development of heart disease, strokes, immune dysfunctions, and other common ailments."



Helmut G. Flasch M.D.

The **"very clean waters"** produced by reverse osmosis (which also is used by most bottled water companies) is called "hungry" or "death" water. It is so clean that nothing is left in it. The water is charged with positive ions instead of negative ions and is also acidic instead of alkaline. The water you drink is supposed to bring all nutrients to the destination and to flush out any free radicals. The only acidic areas in your body should be the stomach and the urine!

Keeping your body alkaline, not acidic, is the answer. Having an alkaline body is the ultimate, most underlying answer, according to some of the most respected brains on this planet. All ways of living should be geared towards achieving an alkaline body!

Keiichi Morishita M.D., Ph.D.

in his book **"The Hidden Truth of Cancer"** says:

"If the blood develops a more acidic condition, then these excess acidic wastes have to be deposited somewhere in the body. If this unhealthy process continues year after year, these areas steadily increase in acidity and their cells begin to die. Other cells in the affected area may survive by becoming abnormal; these are called malignant. Malignant cells cannot respond to brain commands. They undergo a cellular division that is out of control. This is the beginning of cancer."



"Modern medicine.. treats these malignant cells as if they were bacteria and viruses, it uses chemotherapy, radiation and surgery to treat cancer. Yet none of these treatments will help very much, if the environment of the body continues to remain acidic."

Harald Tietze

Harald Tietze, author of **"Youthing"** says that "by drinking alkaline water, the aging process can be reversed and the wastes can be reduced in the long-term to a level of a much younger person. The functions of the organs can be revived."





Ingfreid Hobert M.D.

"You do not need expensive medicine with all the negative side effects to regain health... Alkaline water has profound long term effects because it alkalizes your body and provides an effective antioxidant."



Robert O. Young Ph.D., N.D.

In his book **"The pH Miracle"** Dr. Young says it this way: "Those willing to look again, and with clear eyes, will be rewarded with the secrets to permanent health. We can heal ourselves by changing the environment inside our bodies. Potentially harmful invaders then, will have nowhere to grow and will become harmless."

High pH water, such as the water that comes from a good ionizer, neutralizes acids throughout the entire body. Since acids underlie all disease entities, nothing makes more sense than neutralizing these acids.

*One of my most often quoted statements goes like this: **"When the fish is sick, change the water. We don't feed the fish medicine. We give them clean water. When the cells of our body are sick, we must change the water and fluids in which all cells and tissues are bathed."***

I can't think of any investment that is better for a person or a family than a good water ionizer.



Hidemitsu Hayashi M.D. *Heart Surgeon, Director of the Water Institute of Japan*

Dr. Hayashi believes that ionized water is our best source of antioxidants. "There is no substitute for a healthy balanced diet, especially rich in antioxidant materials such as vitamin C, vitamin E, beta-carotene, and other foods that are good for us. However, these substances are not the best source of free electrons that can block the oxidation of healthy tissue by active oxygen. Water treated by electrolysis to increase its reduction potential is the best solution to the problem of providing a safe source of free electrons to block the oxidation of normal tissue by free oxygen radicals. We believe that reduced water, water with an excess of free electrons to donate to active oxygen, is the best solution because the reduction potential of water can be dramatically increased over other antioxidants in food or vitamin supplements and the molecule weight of reduced water is low."

"Alkaline living water is regarded by a growing number of health care professionals as the best water to drink and is listed as a **medical device in Japan for the treatment of degenerative diseases.**"



Arthur M. Ecano M.D.

Dr. Ecano says that "if the world has accepted antioxidants to slow down the aging process, it should readily agree to the uses of ionized alkaline water as an anti-aging agent. Their roles are closely linked and intertwined such that a lasting anti-aging program is incomplete without addressing both free radicals and organic acid wastes."